

I agree to abide by the rules and regulations of NADEP.

Signautre

Date:

Bank Account’s Details

Faysal Bank Limited, Nazimabad Branch, III-A, 1/16, Nazimabad No. 3, Karachi - 74600 Pakistan
A/C No. : 01950060003081,
Head of Account: NADEP,
Swift Code: FAYSPKKA

For office use only

Membership No. _____
Accepted for becomingPM, APM, SM, CM, Patron
Date:_____
Comments (if an)_____

Signature Incharge / representative membership committee.

Join Us

Who can be a member
Anyone who shares and supports the aims and objectives of NADEP.

Professional Members:
Who have suitable qualification that enables them to provide comprehensive / specific diabetes education.

Associate professional Members:
Anyone who is practicing health care professional and providing education in any particular area of diabetes care.

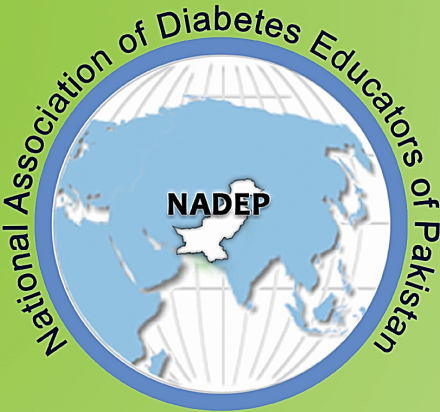
Non professional members:
Anyone who has interest in diabetes or diabetes education or family members of people with diabetes providing care to them.

Students Membership:
Students of any discipline / level who are interested in diabetes and diabetes education.

Membership fee structure

Professional	Rs. 500/annum
Associate	Rs. 500/annum
Student	Rs. 200/annum
Life	Rs. 5,000/-
Patron*	*Executive committee will decide the amount of the money for each request of patron category.

Subscription rates may be revised by NADEP.



TOGETHER WE CAN

NADEP SECRETARIAT:
Address:
Plot 1-2, II-B, Block - 2, Nazimaabad,
Karachi - 74600, Sindh , Pakistan
Telephone:
+92-21-36608565, +92-21-36623492,
+92-21-36688897, +92 333 3211178
Fax:
+92-21-36608568
Website:
www.nadep.org.pk
Email:
nadep@nadep.org.pk



National Association of Diabetes Educators of Pakistan

Introduction

NADEP is an association of diabetes educators, dietitians, health care professionals and those who have interest in diabetes care.

Aim

To facilitate and promote the education of personnel involved in the care of people with diabetes and those who are at risk of developing diabetes.

Objectives

To promote standardization, development and delivery of structured diabetes educational programs.

To set up national and international collaborations for diabetes educational activities in Pakistan.

To organize meetings, workshops and conferences in diabetes education and related disciplines.

Privileges for the members

- Receive publications of NADEP on prescribed rates.
- Become change agent of NADEP team responsible for spreading diabetes related awareness & education.
- Professional members will be eligible to vote, or contest election for NADEP offices.



Are you at Risk

Age	40-50 years	➔	1
	more than 50 years	➔	3
Waist circumference More than 31.5 inch (Female) More than 34.5 inch (Male)		➔	2
Family history of diabetes		➔	2

Risk Assessment of Pakistani Individuals with Diabetes (RAPID)

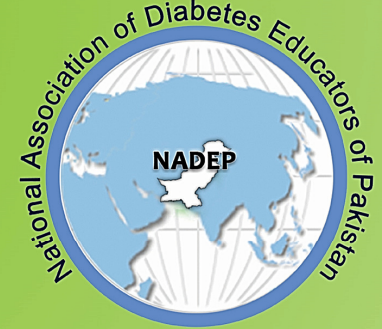
A score of **4** predicts high risk of developing type 2 diabetes

Activities

- Primary prevention of diabetes through youth engagement in community.
- Publication of booklets, pamphlets & brochures about diabetes for patients and physicians.
- Public awareness programs for people with diabetes and their families.
- Pictorial education tool (DCM) an innovative education method for group participation to empower people with diabetes.
- Diabetes awareness walks.



A community based project



Membership Form

Title: Mr ☐ Mrs ☐ Miss ☐ Dr ☐ Prof ☐ Other ☐

First Name: _____

Middle Name: _____

Last Name: _____

Address: _____

Town: _____ District: _____

City: _____ Province: _____

Postal code: _____ Country: _____

Gender: Male ☐ Female ☐ C.N.I.C _____

Email: _____ Cell No: _____

Date of Birth/Age: _____ Phone: _____

Present Job & Institute with address: _____

Payment Mode: Cheque ☐ Pay Order ☐ Bank Draft ☐

Check the Membership category that you are applying for.

- | | | |
|---|--|--------------------------------|
| <input type="checkbox"/> Professional Member | <input type="radio"/> For current year | <input type="radio"/> For life |
| <input type="checkbox"/> Associate Professional | <input type="radio"/> For current year | <input type="radio"/> For life |
| <input type="checkbox"/> Non Professional | <input type="radio"/> For current year | <input type="radio"/> For life |
| <input type="checkbox"/> Student Member | <input type="radio"/> For current year | |
| <input type="checkbox"/> Child Member | | |
| <input type="checkbox"/> Patron | | |

Fee structure per annum

Life: Rs. 5000, Student: Rs. 200, Others Rs. 500

Patron: Executive committee will decide the amount for each request.

Subscription rates may be revised by NADEP.